

*Original Article***A comparative study on effect of e-learning and instructor-led methods on nurses' documentation competency***Abbas Abbaszadeh*, Hakimeh Sabeghi**, Fariba Borhani***, Abbas Heydari*******Abstract**

BACKGROUND: Accurate recording of the nursing care indicates the care performance and its quality, so that, any failure in documentation can be a reason for inadequate patient care. Therefore, improving nurses' skills in this field using effective educational methods is of high importance. Since traditional teaching methods are not suitable for communities with rapid knowledge expansion and constant changes, e-learning methods can be a viable alternative. To show the importance of e-learning methods on nurses' care reporting skills, this study was performed to compare the e-learning methods with the traditional instructor-led methods.

METHODS: This was a quasi-experimental study aimed to compare the effect of two teaching methods (e-learning and lecture) on nursing documentation and examine the differences in acquiring competency on documentation between nurses who participated in the e-learning (n = 30) and nurses in a lecture group (n = 31).

RESULTS: The results of the present study indicated that statistically there was no significant difference between the two groups. The findings also revealed that statistically there was no significant correlation between the two groups toward demographic variables. However, we believe that due to benefits of e-learning against traditional instructor-led method, and according to their equal effect on nurses' documentation competency, it can be a qualified substitute for traditional instructor-led method.

CONCLUSIONS: E-learning as a student-centered method as well as lecture method equally promote competency of the nurses on documentation. Therefore, e-learning can be used to facilitate the implementation of nursing educational programs.

KEY WORDS: Knowledge, attitude, practice, nursing documentation, lectures, e-learning.

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Today, there are emphasizes on resource management, cost control, effectiveness of the patient care, quality improvement and accountability, appropriate documentation and reporting also is emphasized like other appropriate measures.¹ Recording nursing documentation is considered as one of the most important nursing profession tasks which have very high influence on quality of nursing care and interaction of the nurse with other health

team members.² Since, nurse usually is the first health caregiver, the information he/she records will be so important for informing other caregivers from patient's status, behavior, and the responses, so it should be quite clear, accurate and complete.³ Furthermore, registered nursing documentation is the only memorable legal document that indicates the full description of measures and actions done by the nurse for the patients; besides it is the best advocate

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and defender for the nurse where the patient would be compliant about nurse's negligence in providing nursing care.⁴ Except two communicational and legal roles, nursing documentation has other important roles such as educational, research, auditing and evaluating roles.⁵ Therefore, nursing reports should be quite perfect, accurate and timely; any mistake in documenting the items or deleting them would be problematic.⁶

Poor documentation results may be harmful and detrimental not only for the patients but also for the nurses themselves.¹ Studied researches have shown that incomplete reports constantly cause suspicion and charging in the legal authorities, because legally medical team performance is provable and verifiable by documentation and only the case would be accepted which is fully recorded.⁷ Studies about nursing documentation have shown that approximately 38 percent of the total working shift time of the nurses is spent for writing the report⁸ while, results of a study in 2004 in Iran showed that only 17.09 percent of the nurses had good reporting and 35.81 percent of them provided incomplete nursing documentation.⁶ Considering the above mentioned subjects, correct and principled registering of the nursing documentation is one of the most important responsibilities of nursing carrier and continuous improvement of the nurses to improve quality of nursing documentation is of high importance.¹

One of the most important causes in how to write nursing report is the nursing knowledge; so that the study results of Ghamari showed that one of the poor documentation reasons is lack of knowledge and awareness of nurses in how to register them correctly.¹ These contents clearly confirm the role of education in promoting capabilities of the nurses in documentation. It should be noted that in implementing educational programs, choosing an appropriate educational approach is one of the major measures in the instructional design process⁹; because an effective learning, first of all is the result of a good teaching.¹⁰ And on the other hand, one of the important and effective causes in quality of

the education is educational approaches.¹¹ In nursing education, increasing medical knowledge and its outcomes also brought about many problems and on the other hand, attitude changes from teacher centered to learner-centered learning in the higher education caused a new responsibility for the planners, instructors and students which one of the main axes is to choose the most appropriate learning and teaching method related to the profession.¹² Currently, the most common method in medical science education is lecture which of course has lots of advantages such as cost-effectiveness for high populations.¹³ Lecture is one of the traditional methods that despite providing new and modern teaching methods such as problem solving based method and also accessibility of computer and internet and etc, still is one of the conventional methods of providing information; and the evidences indicated that using content and a skilled lecturer, a reasonable, positive and appropriate future would be achievable.¹⁰ Yet, many experts believe that such a method, provided in an appropriate method, would be effective.¹⁴ Learning by lecture is inevitable for everyone in a period of time; because it is a mean for providing basic information and even is the most suitable teaching method in some certain circumstances. But, this method does not give any opportunity to the learner to think that is an essential thing. Studies have shown that almost 80% of the provided education contents through this method would be forgotten during 8 weeks.¹⁵ According to the theories of upbringing psychologists, learning would be better and its effects would be more permanent when it is associated with activation and more pervasive in the learning method. Therefore, emphasize of the educational experts is on using modern, active and learner-centered approaches today.¹² Noles in 1980s believed that learning of the adults would be good when they become self-directed.¹⁰ Several consequences of approaches on teaching and learning theory have been suggested; one of which is e-learning that the learner would be able to achieve their own capabilities and talents for educational goals and in fact, they

would learn how to learn which itself is one of the educational objectives.¹⁶

E-learning, which includes self-learning computerize activities, is a new educational approach use in many universities and educational institutions and is helpful in achieving one of the main objective of the formal education i.e., preparing the learner for an active and independent learning. Besides, it is an appropriate method for permanent and continuing education which is so essential in today's world.^{17,18} In fact, this approach has created a new paradigm in teaching and learning field and has provided the possibility of learning in anything, for everyone, any time and everywhere permanently.¹⁹

It, especially in nursing profession, is of high importance regarding to the necessity of being updated the information and knowledge of the nurses about diseases, medications and new skills. On the other hand, since learning requires spending lots of time and energy and one of the advantages of electronic teaching and learning is saving time in comparison with traditional methods (so that the study results of Chang et al. showed that e-learning saved 25-60% of the time in comparison with conventional classes²⁰); therefore, the time shortage of the nurses with excess number of the patients in Iran's hospitals can highlight the importance of using e-learning method among the nurses.

Thus, according to the above contents, application of e-learning method in nursing education can be beneficial. However, the measures have already been done in this field are not sufficient and it has been less welcomed due to some reasons such as limitation in titles, quality of the electronic contents and low number of the websites that consider this issue.

Therefore, it seems considering the widespread presence of the computers in today's life and increasing need of the nurses to scientific knowledge and information -that are easily accessible always and at any time- implementation of e-learning for the nurses particularly in continued education domain is one of the most essential measures at the present era.

Now, the question is that, considering the importance of nursing documentations and re-

ports in various aspects, particularly the major communicational role of report writing in one hand and low-quality of the nursing reports in Iran on the other hand, can a more appropriate and more effective educational method be suggested in deep and thorough learning that in addition to accurate and complete nursing reporting can be used as an information source by the nurses at any time? To answer this question, this study aimed to compare and evaluate the effect of e-learning and lecture (instructor-led education) on knowledge, attitude and performance of the nursing report writing.

Methods

This was a two-group quasi-experimental design with posttest-pretest assessment. The study environment included the educational hospitals affiliated to Kerman University of Medical Sciences. The study population included 61 employed nurses in these hospitals who were selected using available sampling method. First, after obtaining the permission of holding report writing training courses, all the volunteers were enrolled and the nurses who had inclusion criteria entered the study and divided into e-learning and lecture groups using table of random numbers. By nurses' documentation competency, we meant knowledge rate, attitude and performance in report writing each of which separately was evaluated by a questionnaire and mean score of these three questionnaires was considered as the competency score of the nurses in report writing or documentation.

The nurses in the lecture method received two training sessions of report writing classes by lecture method. Educational contents included objectives and importance of nursing documentation, features of registering a proper nursing report, different nursing documentations systems, correcting the mistakes of the documented cases and how to record pharmacological information and symptoms and generally all the conducted cares and treatments for the patient as well as patient's responses to them. Knowledge rate, attitude and performance of the lecture group subjects were compared to

each other before and after the intervention. In the e-learning group, each one of the study subjects were given a special username and password to use electronic database of nursing documentation education at www.gozareshnevisi.com that had been designed by the relevant expert of this field. This website had pretest, training, posttest, FAQ, different links to other universities and also the patient teaching section. After teaching how to use this site, the nurses of this group were requested to obtain the required information through searching and studying it. Electronic educational content of the website (nursing documentation education) was similar to the educational content of lecture classes, except that the same contents were in the form of text files, movies and flash and also the possibility of question and answer of the users to each other and administrator of the website. Username and password of the study subjects were active for two weeks and during this period they could achieve the educational content at any time and any place through the internet connection. To use this website, first of all the users should have completed the pretest questionnaire so that the users could access the education content when they had answered the entire pretest questionnaire and saved it. Thereafter, they could access the content of the educational section; then, they should have answered the posttest questions. The possibility of downloading the educational files also was provided only for the users who completed the posttest fully and saved it.

Data collection tools in this study included a researcher-made questionnaire consisted of four parts including demographic and personnel information, assessment of the knowledge (including 14 questions regarding the principles of nursing documentation), assessment of the attitude (including 13 questions regarding the importance, necessity and applications of nursing report writing based on the scale of "I agree", "I have no idea" and "I disagree") and checklist of the performance (including 45 cases based on scale of "it was done" and "it was not done")

and their validity and reliability were assessed before collecting the data. To assess the validity of the questionnaire, content validity index was used using comments of 10 faculty members of School of Nursing and Midwifery of Mashhad. Moreover, to assess the face validity, in addition to comments of the experts, some of the nurses were asked to express their comments about questions of the questionnaire.

To assess the reliability of assessment of knowledge and attitude questionnaires, Cronbach's alpha method was used that the obtained coefficient respectively were 88 and 96 percent. Reliability coefficient of the performance checklist obtained 92% using inter-observer reliability method.

To assess performance of the nurses about report writing, a health history of a hypothetical patient with recorded administration and description of the physician for the patients was given to the study subjects and they were asked to register their nursing report for the mentioned hypothetical patient in nursing report sheet.

The obtained data were analyzed using software SPSS₁₄ after registration.

Results

The results of this study indicated that the study subjects in lecture and e-learning groups had no significant difference to each other in terms of age, gender, marital status, occupation, education, work experience, position and level of familiarity with computer and internet based on assimilation tests. Mean age and work experience of the study subjects, respectively, were 32.9 (5.7) and 8.8 (5.4) years and the majority of them (88.5%) were females and married (80.3%). The level of familiarity with computer of more than half of them was at the primary level and 67.2% of them also had primary level of familiarity with internet (Table 1). Using the facilities of the website (nursing report writing) indicated that none of the nurses in the e-learning group used question and answer part and only one of them contacted the site's administrator through e-mail.

Table 1. Frequency distribution of the study subjects in terms of demographic characteristics in both groups

Variable		Group						Chi-square test for determining similarity
		Lecture		E-learning		Total		
		Number	percentage	Number	percentage	Number	percentage	
Gender	Male	3	9.7	4	13.3	7	11.5	p = 0.654
	Female	28	90.3	26	86.7	54	88.5	
Education	BS	28	90.3	26	86.7	54	88.5	p = 0.654
	MSc	3	9.7	4	13.3	7	11.5	
Marital status	Single	4	12.9	8	26.7	12	19.7	p = 0.176
	Married	27	87.1	22	73.3	49	80.3	
Ward	Internal	17	54.8	18	60.0	35	57.4	p = 0.145
	Surgical	3	9.7	7	23.3	10	16.4	
	Intensive	11	35.5	5	16.7	16	26.2	
Position	Nurse	25	80.6	24	80.0	49	80.3	p = 0.949
	Nursing manager	6	19.4	6	20.0	12	19.7	
Employment	Formal	13	41.9	14	46.9	27	44.3	p = 0.710
	Informal	18	58.1	16	53.3	34	55.7	
Familiarity with computer	Primary	25	80.6	16	53.3	41	67.2	p = 0.912
	Moderate	6	19.4	14	46.7	20	32.8	
Familiarity with internet	Primary	26	83.9	17	56.7	43	70.5	p = 0.525
	Moderate	4	16.1	13	43.3	18	29.5	

According to the study results, comparison of the mean score of knowledge ($p = 0.983$), attitude ($p = 0.986$) and performance ($p = 0.595$) of the study subjects before the intervention showed no significant difference between the lecture and the e-learning groups.

The results of the present study indicated that although both groups had a significant progression in scores of posttest in knowledge, attitude and performance in comparison with pretest ones, independent t-test showed no significant difference between the two groups after the intervention in every three domains of

knowledge ($p = 0.140$), attitude ($p = 0.870$) and performance ($p = 0.134$) (Table 2). Increase in mean score of knowledge, attitude and performance after the intervention also showed no significant difference in the lecture and the e-learning groups (Table 3). Ultimately, it was indicated that despite increase in nurses' documentation competency in each of the two groups after the education compared to before that, there was no significant difference between these two increases after the intervention in the two groups ($p = 0.559$).

Besides, statistically there was no significant

Table 2. Comparison mean (SD) of knowledge, attitude and performance of the nurses' documentation before and immediately after the education in the both groups

Group	Before the education			Immediately after education			Paired t-test for comparison of inter-class group		
	Mean(SD)			Mean(SD)					
	Knowledge	Attitude	Performance	Knowledge	Attitude	Performance	Knowledge	Attitude	Performance
Lecture	7.4(2.2)	2.6(10.7)	11.9(19.7)	10.9(1.9)	12.4(1.1)	30.8(11.7)	p=0.000	p=0.000	p=0.000
E-learning	7.4(2.7)	3.0(10.6)	10.2(21.2)	11.6(1.5)	12.3(1.4)	26.9(8.0)	p=0.000	p=0.000	p=0.000
Independent -test for inter-class group	t=0.02 df=59 p=0.983	t=-0.53 df=59 p=0.595	t=0.16 df=59 p=0.870						

Table 3. Comparison of the increased rate of mean knowledge, attitude and performance score of the nursing documentation in both groups after the intervention

the nursing documentation in both groups after the intervention										
Variable	Group									Independent t-test for comparing inter-class group
	Lecture			E-learning				Total		
	Mean	SD	n	Mean	SD	n	SD	Mean	n	
Knowledge	3.5	2.1	31	4.2	2.5	30	3.8	2.2	61	t = 1.1 df = 59 p = 0.277
Attitude	1.7	1.9	31	1.7	2.2	30	1.7	2.1	61	t = 0.1 df = 59 p = 0.938
Performance	11.4	6.0	31	11.1	4.7	30	11.3	5.4	61	t = 0.23 df = 59 p = 0.819

difference in knowledge, attitude and performance of the nurses' documentation based on demographic variables.

Discussion

The findings of the study showed that e-learning like lecture method could affect the knowledge, attitude and performance of the report writing and consequently, the nurses' documentation competency and statistically there was no significant difference in increase of knowledge, attitude and performance between the e-learning and lecture methods. This finding was in accordance with the studies that reported the similarity of e-learning with conven-

tional method.^{16,21-24} Study results of Zolfaghari et al. in 2007 showed no significant difference in learning rate of Mother and Child Health Course between conventional (traditional) and electronic education methods.¹⁶ Nathalie et al. in Netherland in a study which was similar to the present study in terms of program showed that both lecture and electronic educational methods equally increased knowledge of the general practitioners about mental health.²¹

However, study results of Ghezelghash et al. was not in accordance with ours; based on that, every three educational methods, i.e., lecture, problem-solving and self-study learning by computer could have positive effects on learn-

ing of the nursing students in reading the electrocardiogram and this increase was lower in the self-study learning by computer group than that in other groups.²⁵

Thiele (2003) believed that online learners accessed more information and in this method that self-direct is discussed, the learners are responsible for their own learning and at anytime they want, they would access the educational content.²⁶ This theory was in accordance with the study results of Farokhifar that showed nurses were successful with self-direct method and it confirmed the hypothesis of adults' education of Noles in which adult learners often are self-directed.²⁷ Zeinaloo also believed that new educational methods should focus on adults' learning principles, their individual needs and self-study.²⁸ Accordingly, the importance of using e-learning as an educational and self-directed method is clearly obvious.

In nursing, the association between nursing education and nursing services is constantly growing and nursing education would maintain its dynamism if removed time and space and moved forward towards innovations and developed them and used new teaching and learning methods.²⁹ On the other hand, with constant increasing of the medical sciences, education and training during the academic courses and also educational degree no longer can be a justification for providing clinical services through the entire life. Medical knowledge is constantly evolving, so that averagely every 4-5 years, 50 percent and during 8-10 years, 75 percent of the medical knowledge is getting outdated and obsolete.¹⁹ That is why the employees of the health-care services should regularly be in touch with new medical advances during their entire life and update their knowledge.³⁰ Hence, implementing continuous education programs is necessary for the nurses; however, in-service education of the nurses in one hand and also increasing number of the applicants for participating in retraining programs and the current courses cannot meet this growing need; and on the other hand, a large part of the applicants are working at the remote and underserved areas and have wide social and

familial responsibilities so that they would not be able to participate in face to face courses. Therefore, answering these needs with an acceptable quality education is one of the main challenges of the nursing education system. One of the best strategies to overcome these obstacles in in-service training of the nurses is to use e-learning method; because, when in a stable condition there are many applicants who need education, electronic education would be the best solution.³¹

One of the advantages constantly is mentioned for the electronic education method is that it is useful for different individuals with different learning styles³¹; on the contrary, lecture method does not consider such an issue. In this study, in order to achieve this objective of e-learning, educational content in the mentioned website were designed in different forms such as text file, films, flash and slides. Increased rate of the mean knowledge score of the e-learning group was 4.2 ± 2.5 while it was 3.5 ± 2.1 for the lecture group; despite non-significant difference between them, yet this minute difference can indicate the outcome of attention to these features in e-learning method.

Entertainment has been mentioned as one of the motivating factors for more staying in the network environment for learning and also increase in willingness and strength of the learners for wider and higher objectives and learning.³² In designing this website also, it was tried to have an attractive and nice appearance; in a way that verbal comments and views of some of the faculty members of Mashhad University of Medical Sciences confirmed its attractiveness.

One of the other important causes in success of e-learning is group interactions. One of the conventional interactions in the electronic education environment is the interaction of the learner with learner and interaction of the learners with educators.³³ This also was considered in designing the website of the present study and FAQ part was applied in it through which each user could contact with other users, website's administrator and also educational professors of this course or raise their own questions. In addition, the users were able to

contact website's administrator through e-mail. But, in this study, none of the users used FAQ and only one of them contacted website's administrator via e-mail. This could be due to low skill level of the study subjects about how to use computer and internet; for example, the results of this study indicated that familiarity rate of more than half of the nurses about studying with computer and internet was at the primary level. Results of other studies also showed that one of the major effective dimensions on using e-programs is computer and internet skills.³²

Considering the above mentioned and results of the similar studies based on similarity of education via lecture and e-learning methods and with regarding to the high advantages of e-learning compared to lecture method such as saving time and money, self-directed and flexibility, more use of this method in nursing education is recommended.

Low sample size in both groups was the limitation of the study; because in matching the groups in terms of familiarity with computer and internet, some of the nurses were excluded from the study. Besides, e-learning was done for two weeks; future studies are recommended to increase this period. The other limitation was lack of familiarity of the nurses with e-learning and how to use it; therefore, holding internet course and how to use it seems necessary for them.

After finishing this study, for observing the ethical considerations, the mentioned website

was given to the Continuing Education Center of Kerman Medical Society so that they can present it to all the nurses who like to use it.

Conclusion

Results of the present study showed that e-learning method as a wide learner-centered educational method could increase the competency of the nurses in documentation as equal as lecture method. Therefore, electronic education can be used for facilitating nursing educational programs. To complete this study, it is suggested that more researches be done to determine durability rate of the information in this method compared to other methods as well as determining its effect on other nursing courses.

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